

Stoma clinics are held:

- weekly at Colchester General Hospital
- weekly at Clacton and District Hospital
- monthly at Harwich and District Hospital

Please bring a complete change of equipment if you would like the nurse to examine your stoma.

If you have not seen the stoma nurse for some time you may need your GP to refer you. Please speak to the Stoma Care Department or ask your GP to send a referral letter.

If you are unable to attend your appointment, please contact us on 01206 742009 so we can allocate the slot to someone else.

At the stoma clinics you will be able to:

- discuss the supply and delivery of equipment, including prescription requests
- learn about national and local support groups
- talk about travel and holidays
- discuss any issues of concern to you either practical, psychological or of an intimate nature.

The Stoma Care Nurses are happy to discuss your concerns, worries or questions, either in person or by telephone: 01206 742009

Your Stoma Care Nurses are:

Emma Brown, Jennifer Edwards and Karen Farmaner.

We are based at Colchester General Hospital.

Telephone: 01206 742009

8.30am–4pm, Monday to Friday.

An answering machine is available when the office is unattended.

Email:

emma.brown@colchesterhospital.nhs.uk

or

jennifer.edwards@colchesterhospital.nhs.uk

or

karen.farmaner@colchesterhospital.nhs.uk

Our aim is to help you to lead as full a life as possible and to be available long-term, should the need arise

We are part of a team of professionals involved in your care. Should you wish to see another professional, such as a dietitian or social worker, please ask us.

Verifying your identity

When you attend hospital you will be asked to confirm your first and last names, date of birth, postcode and NHS number if you know it, and to let us know if you have any allergies.

Comments, compliments or complaints about your care

Please raise any concerns in the ward or department you are in. Ask to speak with the ward sister, matron or department manager. If your concerns cannot be resolved or you wish to make a formal complaint, please call PALS (Patient Advice & Liaison Service) on 0800 783 7328, pick up a PALS leaflet or visit www.colchesterhospital.nhs.uk/pals.shtml

Your views

If you or a family member has recently been in Colchester General Hospital, you can tell us about your experience by searching for 'Colchester' on the NHS Choices website (www.nhs.uk), by writing to the address on the front of this leaflet, by emailing your comments to info@colchesterhospital.nhs.uk or by filling in a 'Friends & Family' questionnaire at the hospital.

Stoma Care Clinics

Colchester General Hospital Turner Road Colchester CO4 5JL
Tel: 01206 742009

Please ask if you need this leaflet in an alternative format

Leaflet number	320n6
Created	26 August 2003
Reviewed	August 2017
Next review	August 2019

